Improving Our Marriage Starting Now

Name some specific things you can personally do to make your marriage better. Think of things that if you were to be brutally honest with yourself you know inside that you really need to start doing them.

1. ____________________________________________________
2. ____________________________________________________
3. ____________________________________________________
4. ____________________________________________________
5. ____________________________________________________
6. ____________________________________________________
7. ____________________________________________________
8. ____________________________________________________
9. ____________________________________________________
10. ____________________________________________________

Name some things that you would like your spouse to do more of, or less of. Be honest, but make a “request and not a demand.”

I would love it if ____________________________________________
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